



HOW-TO GUIDE

# BUILD YOUR OWN CAPSULE WARDROBE

# BUILDING YOUR OWN CAPSULE WARDROBE

My Capsule Wardrobe Formula will help you create a mini capsule wardrobe that can mix and match easily to create over 30 outfit combinations from 15 pieces of clothing.

This does not mean that 15 pieces are all you'll have in your wardrobe for the rest of time (unless you want to), but I'm a firm believer that if you can make a small capsule work, maintaining functionality and cohesiveness as you expand becomes much easier.

The Capsule Wardrobe Formula goes as follows: **5-4-3-2-1**

- 5** Tops (Dresses and jumpsuits are also included in this category)
- 4** Bottoms
- 3** Layering Pieces (Jackets, cardigans, blazers, vests, etc.)
- 2** Pairs of Shoes
- 1** Special Item (Anything extra you will need to make your capsule work. It can be a winter coat, a cocktail dress, a belt, a swimsuit, a tie, a hat, high-heeled shoes, etc.)

Make sure every bottom you include in your capsule works with at least two of the tops to maximize the number of outfits you can put together.

Build your capsule below by first filling in all of the numbered lines. Once you have a 15-piece capsule that works, expand it by adding one item per category, making sure each new item still works with the existing items on the list, until your capsule reaches a point that feels comfortable in size.

The worksheet below can help you create up to a 31-piece capsule wardrobe.

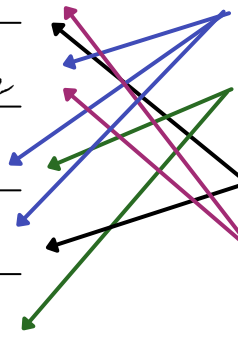
# CAPSULE WARDROBE LIST (SAMPLE)

## TOPS & DRESSES

- 1. green blouse
- 2. black patterned blouse
- 3. white t shirt
- 4. striped cami
- 5. chambray dress

## BOTTOMS

- 6. jeans
- 7. green skirt
- 8. black pencil skirt
- 9. grey pants



\*NOTE: There are many more possible combinations, but all the arrows would get super crowded!

## LAYERS

- 10. leather jacket
- 11. white cardigan
- 12. blazer

## SHOES

- 13. leopard print loafers
- 14. black booties

## SPECIAL ITEMS

- 15. black purse

# CAPSULE WARDROBE LIST

## TOPS & DRESSES

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## LAYERS

10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## BOTTOMS

6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## SHOES

13. \_\_\_\_\_
14. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## SPECIAL ITEMS

15. \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## WHAT IF I CAN'T FILL ALL OF THE NUMBERED LINES?

If you find that you don't have enough clothes that you want to include in your capsule wardrobe, or not enough pieces that combine well with the rest of your capsule, then you can shop to fill in the gaps!

The key takeaway is that now you know what to look for so you can shop with intention. Looking for something specific will make the experience of shopping easier and more efficient.

### DON'T SAY:

"I'm shopping for something I can wear to work"



### DO SAY:

"I'm shopping for a bottom I can wear to work that works with my green top, and my striped cami."



I recommend you give yourself plenty of time to build your capsule, about 4 weeks if you need to do shopping, alterations, or repairs.

Once you fill in all the gaps, you'll have a cohesive capsule wardrobe that is guaranteed to reduce morning stress, get you tons compliments, and showcase your personal style!

## WANT MORE HELP?

Whether you're not sure what to shop for to fill the gaps, want someone to give you a few outfit ideas, or are looking to learn how to style the items in your capsule to go from "just clothes" to "great outfit," I can help!

Visit my website at [approximatelyright.com/work-with-me](https://www.approximatelyright.com/work-with-me) to find out about how we can work together to help you build a wardrobe that you absolutely love.

Happy capsuling!

Fernanda

